

[Startseite](#) > [Nachrichten](#) > [Pressemitteilungen](#) > Nachricht

# 113 0 Kommentare Warm up for Winter with RED GOLD FROM EUROPE YOUR ORGANIC AND SUSTAINABLE CHOICE

Verfasst von [PR Newswire \(engl.\)](#)

Letzte Änderung 10.01.2024, 09:00



*Your new favourite tomato soup recipe made with **canned organic tomatoes**.*

NAPLES, Italy, Jan. 10, 2024 /PRNewswire/ -- In winter, when a steaming bowl of tomato soup is just what you want, fresh tomatoes are not always available. But even when tomatoes are not in season, you can still make this easy soup thanks to one special ingredient: **canned organic tomatoes**.

Anzeige

## Chinas vorsichtiger Aufschwung



Chinas Aktienmarkt verzeichnete jüngst einen deutlichen Aufschwung. Was sind die Gründe dafür, wie greifen die ersten Maßnahmen am angeschlagenen Immobilienmarkt und welche Rolle spielt der Trend zu mehr Reisen, Sport und Outdoor? [Dr. Mirko Wormuth, Co-Fondsmanager des "DJE – Asien" analysiert die Entwicklungen im Reich der Mitte.](#)

[Mehr](#)

powered by finative



Our tomatoes are picked at their peak of ripeness, full of Mediterranean sunshine and utterly delicious. But while many foods are at their best eaten raw and fresh, tomatoes provide a higher level of **lycopene – a protective antioxidant** - when canned than when raw.

This easy soup recipe combines organic canned tomatoes with a classic base of sautéed vegetables to create layers of flavour. Caramelising the organic tomato paste gives a wonderful depth to your soup.

**Easy Tomato Soup: Serves: 6-8**

### Ingredients:

- 1 large yellow or white onion, rough
- 3 large carrots, peeled and roughly
- 2 celery sticks, roughly chopped
- 70ml extra-virgin olive oil, plus more
- 1 1/2 tbsp salt
- 2 tbsp organic tomato paste

 **DailyStock**

**Kauf-Alarm: Warum diese Aktie jetzt massiv durchstartet und wie**



- 1/2 tsp granulated sugar
- 1 tsp ground black pepper
- pinch of chilli flakes (optional)
- fresh basil, to serve (optional)

Directions:

1. In a food processor, pulse the onion, carrot and celery until a coarse paste forms.
2. Heat the oil in a large saucepan over medium high heat until hot; add the vegetable paste mixture and the salt. Cook, stirring frequently, until the mixture is golden brown - about 10 minutes.
3. Reduce the heat to medium. Add the organic tomato paste and cook, stirring for 2 minutes.
4. Stir in the organic canned tomatoes and water. Bring to a simmer and cook for 10 minutes or until the tomatoes start to break down.
5. Add the black pepper, sugar and chilli flakes (if using), and stir well, using a wooden spoon to crush the tomatoes. Cook for 20 more minutes, continuing to crush the whole tomatoes. Adjust seasoning.
6. Transfer the tomato mixture to a blender and process until smooth. (Or process in the pan using a stick blender.)
7. Garnish with fresh basil if you wish, a drizzle of olive oil and serve.

Enjoy. It's from Europe!

Discover more:

<https://www.redgoldfromeurope.eu/>



Logo - [https://mma.prnewswire.com/media/2186814/4486229/Visual\\_ORG.jpg](https://mma.prnewswire.com/media/2186814/4486229/Visual_ORG.jpg)

Logo - [https://mma.prnewswire.com/media/2186816/Footer\\_SE.jpg](https://mma.prnewswire.com/media/2186816/Footer_SE.jpg)

View original content:<https://www.prnewswire.co.uk/news-releases/warm-up-for-winter-with-red-gold-from-europe-your-organic-and-sustainable-choice-302030639.html>

Lesen Sie auch

Bedeutende Insiderkäufe

**3 Dividenden-Aktien, die Insider jetzt massiv kaufen**

vor 1 Stunde

Gruppe E

**Die Gruppe der Underdogs: Wer schafft es in die nächste Runde?**

heute 17:32

Rallye in den Startlöchern

**Silber mit starkem Comeback, Produzentenaktien nehmen Schwung auf**

heute 17:01

Earnings Season

**Aurora Cannabis: Schmerzhafte Verluste nach neuen Zahlen!**

heute 16:33

Aktuelle Themen



Wieder investierbar!

**[Alibaba, Tencent & Co: Chinas Tech-Aktien vor 25-Prozent-Rallye, sagt JPMorgan](#)**

heute 09:49



**[Bergbau-Nachrichten mit Auran](#)**

heute 18:00

Kauf-Alarm: Warum diese Aktie jetzt massiv durchstartet und wie

